**Appendix 1: Transcript**

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|  | **November 22, 2011(broadcast date)** |  |
| *Speaker* | *Podcast* | *Line* |
| Marcy | Hi I'm Marcy Markusa and you're listening to Learning English with CBC. Do you listen to your\_\_\_\_\_\_\_\_\_\_\_\_? Do you take your elders \_\_\_\_\_\_\_\_\_\_\_\_\_on life? Do you think about what their experiences can teach today’s generation? Well Professor Karl Pillemer interviewed over \_\_\_\_\_\_\_\_\_Americans \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_to find out what wisdom and practical advice they’d like to offer the younger generation. He shares their insights and philosophies of living in a new book and on his\_\_\_\_\_\_\_\_. Terry recently spoke with Carl Pillemer. | 5 |
| Terry | I’m very curious about your book and what you learned along the way because it seems in this kind of\_\_\_\_\_\_\_\_\_\_\_, internet, \_\_\_\_\_\_\_\_\_\_\_\_\_-driven society that older adults don’t have anything to teach us anymore. What did you find when you began to work on this? | 10 |
| Karl | Y’know, you’ve hit the nail on the head of why I wrote this book. *Ah*, y’know, it’s it’s one thing, it’s very easy for us to forget *ah* that up until about *um\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*, the only per people you could go to for advice were the oldest people you knew for almost anything that you needed to do, or have done, or \_\_\_\_\_\_\_\_\_\_\_\_to solve. And it’s true in our technological \_\_\_\_\_\_\_\_\_\_\_\_we’ve lost that to some degree and in addition, our society is so \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_stratified and segregated by age, *ah* that really, outside of our own families we aren’t around older people much. | 15  20 |

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| Terry | But why do you why do you call it tried and true advice from the \_\_\_\_\_\_\_\_Americans? What makes them so wise? | 25 |
| Karl | Y’know, that’s a great question. In the book, I struggled for a long time with whaddaya call older people? Y’know, do we say, people don’t like seniors, golden agers, I finally settled on a label for them which you’ll see in the book, called\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_. And the reason why I called them the experts is that we may not go to older people for advice on how to program the VCR but they are the most credible experts we have on how to live well through hard times. Y’know, they’ve been through\_\_\_\_\_, they’ve been through\_\_\_\_\_\_\_\_\_, they’ve been through personal \_\_\_\_\_\_\_that most of us younger people, y’know, dread. And they’ve \_\_\_\_\_\_\_\_\_\_\_through those. | 30  35 |
| Terry | So there are lessons in this book that you think that the rest of us can apply to our lives before we’re \_\_\_\_\_\_\_\_and figure it out ourselves? | 40 |
| Karl | Y’know, I do. I think that the one thing which the older people I interviewed really do believe is that they’ve learned things that people feel you can only learn if you’ve lived as long as they have, ah, and they would like younger people to learn them now. So as one person said to me, it took me \_\_\_\_\_\_\_\_\_\_\_\_\_to learn to live \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_more, y’know to savour the pleasures of life. I wish I could have learned this when I was thirty. So I think, in in talking to younger people now who’ve read the book, I think they are able to take some of the lessons and use them almost \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_to experience some changes in their own lives. | 45  50 |